

Adult Learning

Award in Health and Care Level 1

The Level 1 Award in Health and Care will help you to develop skills to prepare you for employment in the health and social care sector.



**Starts Tuesday 24th
February 2026**

For 17 weeks

FREE COURSE

09:00 – 12:00

The Foyer, Penrith

Led by our fully qualified Health &
Wellbeing tutor

The social care sector can include careers in the health service and in care settings such as care homes or childcare. You will complete two units 'Service Provision and Roles' and 'Principles and Values' within health and social care, early years and childcare. Assessment will be through a portfolio of evidence which demonstrates your knowledge and understanding as the course

ENROL NOW!

To book a place please visit our website at:

adultlearningcumbria.org

Search for the course under the heading 'Health and Wellbeing'. You can then complete an online enrolment form. Or speak to one of the Penrith Adult Learning Team on **07468 709606** or email **penrithadultlearning@westmorlandandfurness.gov.uk**



Westmorland
& Furness
Council

Working for Cumberland Council and
Westmorland & Furness Council